A MESSAGE FROM THE EXECUTIVE DIRECTOR AND BOARD PRESIDENT

Dear Friends,

The support of our community has allowed the Boys & Girls Club of Souhegan Valley to work diligently to develop well designed programs that have the greatest impact on the youth of our community. We do this through creating a safe environment, providing caring mentors and offering life-enhancing programs focused on Academic Success, Healthy Lifestyles and Good Character and Citizenship throughout the year.

In this report, we invite you to read about the services and programs we provided to the more than 1,000 members of our Club. You will learn of the great opportunities the Club provided to our members and the effort the kids put forth to enhance their own futures over the past year.

Through our programming, our youth succeed in school, develop college and career readiness skills, avoid unhealthy and risky behaviors and grow into productive, caring, responsible citizens.

This past year was another special one as we were proud to have Alana Dail named the NH State Youth of the Year. This was the third year in a row that a member of our Club won this honored distinction. She represents all the hard work that the staff does on a yearly basis to prepare our members for success. It is also a testament to all our supporters who provide us with the resources to make this level of impact on our youth.

It is through the support of the community and those listed in this report that all of these memories for our Club kids were made possible and we were able to push the boundaries of what we are able to offer; growing our STEAM program, expanding our Greenfield Unit, impactful prevention programs, Teen offerings, Arts and Theater. None of this would be possible without the time, talents and treasure many of you provide. It means the world to our kids in our community and for all you do we say, “Thank You!”

While we’re proud of the impact we have had in the communities we serve, we know we must do more. This past year our board completed a new Strategic Plan that will help guide our growth for the next several years. There is still more work to be done as we continue to grow and serve more youth, to ensure our members are life and workforce ready. We must continue to invest in the physical and human capital required to serve those who need us most and we hope that you will continue to support us along the way. On behalf of the entire staff, board and families we serve, thank you for your relentless advocacy for the youth we serve.

Mike Goodwin, Executive Director

Helen Leach, Board President

BOARD OF DIRECTORS AND CLUB MANAGEMENT FISCAL YEAR ’19-20

OFFICERS
Helen Leach, President
Paul Amato, Vice President
George Mandragouras, Treasurer
Jennifer Parent-Nichols, Secretary
Audrey Hammer, Past President

Nancy Amato
Rob Audibert
Matt Ciardelli
Scott Comstock
Steve Desmarais
Allise de Smet
Michael Dionne
Cynthia Dokmo
Dave Hanlon
Robert Heaton
Lynda Lowney
Richard Lowney

Joelle Martin
Joe Pestana
Ron Troie
Michael Tule
Brenner Webb
Alan Woolfson

MANAGEMENT TEAM

Mike Goodwin, Executive Director
Cory Sullivan, Resource Development Dir.
Caitlin Hunter, Operations Director
Diane Bolton, Finance Director
Monica Gallant, Prevention Services Dir.
Katie Hammes, Marketing Director
Robin LaCroix, Theater Arts Director
Rachel Robichaud, Athletics/Kids Club Dir.
Cindy White, Data Manager
STATEMENT OF FINANCIAL POSITION
August 31, 2019

CURRENT ASSETS

Cash $ 636,824
Pledges Receivable $ 89,035
Prepaid Expenses $ 25,072
Property & Equipment $ 5,046,177

TOTAL $5,797,108

LIABILITIES AND NET ASSETS

Current Liabilities $ 201,092
Long Term Debt $ 143,922
Net Assets $ 5,452,094

TOTAL $5,797,108

2019-2020 HIGHLIGHTS

- Camp Souhegan was another successful summer as we continue to grow and develop our summer camp plans, offer staff development, and more opportunities for campers to participate in fun, educational, team-building activities.

- We were excited to participate again in the BGCA National Fine Arts Competition in the fall of 2019, and thanks to the hard work of art director Wendy Ayotte, hosted a Clubwide art show in our lobby that was open to parents and the public.

- We saw our Greenfield unit continue to grow as new members joined and we gained some key staff members. After school care and summer camps became a key service for many Greenfield residents!
2019 HONOREES
AT THE COMMUNITY AWARDS DINNER

In March of 2019, we held our second annual Youth of the Year Community Awards Dinner, where we recognized our 2019 Youth of the Year as well as deserving citizens and community leaders. The event, which was held at LaBelle Winery, was a wonderful evening celebrating some of our amazing members as well as the incredible people around us who are key supporters of our mission.

2019 VOLUNTEER OF THE YEAR: MELISSA SIDILAU
Melissa Sidilau has been a supporter of CAST since its early days, and has become one of the most reliable volunteers we have. We were honored to recognize her hard work and service as she continues to work with CAST to make the Souhegan Valley a better place every day.

WOMAN OF THE YEAR: JOELLE MARTIN
Joelle Martin is one of our most outspoken and committed supporters, and a true and tireless advocate for the Club. We are so grateful to have her both on our board and in NH politics, and for the amount of time she has dedicated to serving the youth in our community.

COMMUNITY HERO AWARD: PAUL SONTAG
We were honored to present Paul Sontag with our Community Hero award, and recognize his service and dedication to the Souhegan Valley through his work with various nonprofit and religious organizations.

PRESIDENT’S AWARD WINNER - MONICA GALLANT
We could not have been more proud to present our President’s Award to Monica Gallant, whose work with CAST and community leaders has led to a leading prevention program that provides resources for struggling families and speaks out against substance abuse. We are so grateful for her drive and devotion to her mission.

2019 BUSINESS OF THE YEAR - JAY STEEL, LLC
Jay Steel was awarded our 2019 Business of the Year in recognition of the generous amounts of time, commitment, and service they have provided to the Club over the years.
2019 YOUTH OF THE YEAR

We were thrilled to present Alana Dail with the Youth of the Year award for 2019! In addition to our Club award, she went on to win the state title and represented New Hampshire at the Northeast Regional Competition in June. Alana is a longtime Club member and an advocate for mental health awareness. She is an active and involved student and will graduate from Milford High School in 2020.

2019 YOUTH OF THE YEAR FINALISTS

Sushrut Khadka
Jacob Tafe
We are honored to recognize in-kind donations, fundraising event participants, and supporters who contributed to the Boys & Girls Club of Souhegan Valley this past year. Please accept our apologies for any unintentional omissions or misspellings.

Aaron and Adria Bagshaw
Adam Grill and Trina McLenon
Adam Mayo
Adam Vaillancourt Roofing & Construction
AG Paintball
Agnes M. Lindsay Trust
Air Purchases, Inc.
Alan and Roberta Woolson
Alene Candles
Alkemy Partners, LLC
All Star Driving School
Amherst Country Club
Amherst Junior Women's Club
Amherst Orthodontics
Amigo's Mexican Cantina
Amtrak
Andrew and Susan Taylor
Andrew and Elizabeth Ciardelli
Andrew and Susan Taylor
Andrade Management Group, LLC
Andrea Mandragouras
Andrew and Elizabeth Ciardelli
Andrew and Susan Taylor
Andy Shaka
Anheuser-Bush
Anne Greer
Apple New England LLC
Apple Therpay Services
Bar Harbor Bank & Trust
Beaver Brook Nature Center
Bellavance Beverage
Ben and Jodi Jalbert
Ben Bouchard
Ben Kershaw
Bert Feldman
Beulah R. O'Bryant
Bill and Mary Burdett
Bill and Suzanne Birchard
Blair and Allison Gourley
Bob and Sue Heaton
BPrk
Brenda Nickerson
Brendan and Nicole Hague
Brennan & MacKay Appliances
Brenner and Mary Webb
Brian Hoover
Bridge Community Church
Bright Esthetics & Body
Wellness
Bright Source Media
Bud Comstock and Jennifer Rivet
Cambridge Trust Company
Wealth Management - William P. Wolfe
Capitol Center for the Arts
Carl and Maria Andrade
Cesar Arboleda and Amy Labelle
CGI
Chad Zingales
Charles and Ann Desmarais
Children's Dental Center of NH
Chris and Bridget Roberts
Chris and Judi Shenk
Chris and Patty Pestana
Chris and Terri McNeil
Chris Dube
Chris Irwin
Christopher Drescher
Christopher Labonte
Chriots Church of Amherst
Chuck and Cindy Barker
Church of Our Saviour
Ciardelli Fuel
Cirtronics Corp.
Clearview Software
International, Inc.
Coleman Family Dental
Complete Staffing Solutions
Congregational Church of Amherst NH
Conrad and Jeanne Dionne
Contemporary Automotive
Controlair, Inc.
Cory and Katie Luba
Craig & Dale Neth
Cranmore Mountain
Cross Insurance
Crotched Mountain Ski & Ride
Cutco Corporation
Cynthia Domo
Cyrille and Sylvia Thibault
Danielle Beaudette
Danny and Talitha Franggos
Dara Cote
Datron Dynamics
Dave and Erin Morin
Dave and Lisa Royer
Dave and Sue Asselin
Dave Hanlon & Maia Barr
David and Audrey Hammer
David and Crystal Chen
David and Janet Spalding
David and Maureen Patten
David and Paula Schmida
David Belliveau
David Liddell
David McNamara and Mary Mahar
Dean and Daphne Jackson
Diane McEntee
Don and Beth Eckert
Don Brezinski and Joelle Martin
Donald C. Hunter
Dorothy Foley Arsenneau
Doug Penrod
Douglas and Mary Ann Rupert
Dovetail Dental Associates
Dr. & Mrs. James Savickas
Dr. Diane Shieh
Dr. Jenny Bruck
Dr. Keith Lammers
Dr. Philip Aubrey
Drynda Johnston
Eaton & Berube Insurance
ECCO USA, Inc.
Edward Jones Investments
Edwin and Tony Killam
Elysian Technology, Inc
Emily Mandragouras
Enid Ames
Enterprise Bank
Eric and Shauna Bowden
Erich Mueller and Amy Chase
Erik and Beryl Maseng
Ernest and Linda Bjork
Evan Costa
Family Dental Care of Milford
Farokh and Beverly Morsled
Fidelity Charitable Foundation - Brown Giving Fund
Fidelity Charitable Foundation - Chen Family Foundation
Fidelity Charitable Foundation - Dionne LaRose
Fidelity Charitable Foundation - Kay & Jon May
Fidelity Charitable Foundation - Rod Harl
Fidelity Charitable Foundation - Shannon E. Chandler & Thomas J. Silva Fund
Flynn Construction
Forever Yoga
Frances Heathon
Francis and Caitlin Ross
Frank and Kathy Edelblut
Franz and Linda Fritsch
Frederick's Pastries
Freightliner of New Hampshire
Frontstream
Gary Shelto
Gate City Electric
Gentlemens Weekly
Geoff and Holly Bly
Geoff Langfield
George and Cheryl Stuart-Vail
George and Sheila
Mandragouras
Getz Charitable Trust, Citizen's
Bank, N.A. Trustee
Giorgio's Ristorante & Meze Bar
Give with Liberty
Glen Williamson
Glenn Aborn
Glenn Flessas
Global Patriot Adjusters, L.L.C.
Gordy and Vivian Schupmann
Granite United Way
Great NH Restaurants
Greg and Nancy Zerega
Grill 603
Hannah McCarthy
Hayward's Trading Post
Heather Comstock
Henry and Sandra Thatcher
Hitchiner Manufacturing Company
HPM Insurance
Hudson Monuments
Hy-Ten Plastics
Issa Ansara
Jacqueline Bates
Jacques Salmon
Jade De Leon
James and Elaine Bennett
James Duggan and Helen Hartman
Janice Dougherty
Jay and Toni Dinkel
Jeanne Keller
Jeff and Debbie Armstrong
Jeffery and Susanne Carpenter
Jeffrey Albert
Jennifer Matsis
Jim and Lisa Kaveney
Jim and Patricia Boyav
Joan Dargie
Joe and Marcelle Oneall
Joe and Sue Pestana
Joe Solari
John and Francois Morison III
John and Isabel Bryanjohn
Bryan
John and Kat McGhee
John and Lisa Byatt
John Siemienowicz and Allise de Smet
"John Weeks"
The Colony Group
Jolee Chase
Jon and Linda Flebott
Joshua and Kristine Hardwick
Joshua Larabee and Sara Amato-Larabee
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Kagan
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*Asterisks denote members of the Heritage Club*
STEAM (Science, Technology, Engineering, Arts, and Math) continues to be a groundbreaking and engaging program for the Club. Under the leadership of Mike McKnight, kids are offered the opportunity to learn and grow through a variety of activities that changes on a daily basis and that include everything from gardening to robotics, sewing to legos to coding to building sculptures out of recycled material. Most impgoal is to give our members the tools to imagine and create in new ways, every day.

**PROGRAM SPOTLIGHT:**

**STEAM PROJECT EXAMPLES**

- **Makerspace:** We regularly ask our community for donations of recycled plastics, cardboard, fabrics, metals, wire, and similar materials, and have built a collection of odds and ends that is always open to our members. Over the last year, we have seen our kids make operational safes, birdhouses, sculptures, and more - in the STEAM room, the sky is the limit!

- **Gardening:** One of our most popular activities by the end of the summer in 2019 was our gardening program. Thanks to the assistance of the Amherst Garden Club and several dedicated volunteers, we were able to construct a series of raised beds outside the Club and grow our own vegetables, sparking an enthusiasm for healthy eating and “Salad Fridays” at summer camp.

- **Sewing:** With the donation of six sewing machines, a pile of donated fabric, and the knowledge and support of STEAM volunteers, we were able to introduce our kids to sewing and quilting, which has been a huge success so far!

- **Computers and Tablets:** With the resources available in the Learning Center and STEAM room, we are so glad to offer our kids the opportunity to access online programs and activities that focus on coding, math and science, robotics, and fun - Minecraft continues to be one of the most popular computer games with our kids!

- **Daily STEAM activities:** STEAM is all-encompassing and we try to reflect that in our program. We have science experiments often and experiment with physics and hands on activities; work with Legos and remote control robots, and encourage artistic expression and scientific exploration whenever possible!
Since its integration into the Club in the fall of 2018, Community Action for Safe Teens has continued to grow and develop as a force for good in our community through involvement with local organizations and leaders and by offering programs and resources dedicated to preventing and healing from substance abuse. We are proud to be at the forefront of helping youth impacted by substance abuse, whether in their own lives or the lives of a loved one, and look forward to continuing to build the program with the help of grants and partnerships we’ve been fortunate enough to receive in the last year.

CAST HIGHLIGHTS

- The Children’s Resiliency Retreat program received the 2019 Yankee Chapter Professional Association’s Health & Life Skills Award. The Children’s Resiliency Retreat program is a monthly retreat for children impacted by a love ones’ substance use disorder. Collectively, youth participants received over 1200 hours of supportive education, social emotional learning, life skill and community service development.

- HOPEFest was a Bullying Prevention event planned and held by the Y.E.S. (Youth Empowerment & Service Team). This event brought over 200 community members to Keyes Field to participate in a 5K, music, and family friendly activities designed to build a healthier community.

- As the CAST Coalition continues to build a trauma informed community, we held the first annual ACEs Summit and brought over 75 community leaders together to identify gaps in support services for youth and families in the Souhegan Valley Region. The Coalition continues to build capacity for trauma informed care throughout the community by offering community wide outreach and training events.

- We held our 2nd Annual YES Team Youth Summit in October at the Club. One hundred middle and high school students from the Hollis Brookline, Milford, Souhegan, and Wilton Lyndeborough School Districts attended and discussed important issues such as Identity, Pressure for Success, Healthy Relationships, Suicide, Depression and Self Harm and Substance Misuse.

- CAST hosted NH Congressional Representatives and Office of National Drug Control Policy Director Jim Carroll, along with Drug Free Community Coalitions from around the state to discuss the need for more resources in the areas of substance use prevention and mental health services.
Our gym is never empty! This room has become a revolving door of renters, leagues, activities, and kids having a great time being active and building teamwork and social skills. Not only can we use the space for Club-wide and community events, like our annual Trivia Night, family fun nights, or the Rotary Senior BBQ, but we are able to offer our members access to classic athletic programs like basketball, hockey, futsal, and more. The health of our kids is important to us, and it’s great to see the enthusiasm and smiles on their faces as they grow, exercise, and play in our gym programs each day.

**GYM PROGRAM HIGHLIGHTS**

- This past year, 3 different travel club volleyball teams called our gym home for their winter practice and competition season.

- Our spring volleyball program council team competed against other Clubs and placed third in a strong competitive season!

- We held our first ever 3v3 basketball league in the spring, and saw more than 10 teams and 50 players participate in the Boys & Girls Club divisions.

- We were pleased to offer continued enrichment programs for the after-school members, including nerf wars, baton twirling, fitness fun, boot camp with Army recruiting post in Amherst, karate, and soccer skill development with Mighty Kicks NH.

- We hosted three different volleyball tournaments that saw over 300+ visitors in the gym over the course of the day.

- We welcomed two AAU basketball programs as consistent renters and saw them utilize our space for tryouts and practice time during their season.
Our Club’s theater program, the Riverbend Youth Company, continues to see hundreds of kids onstage each year and reach thousands of audience members and supporters in our community. Currently, the Amato Center stage has been a major component of our Club for almost fifteen years and has seen more than 120 musicals, plays, and shows. Additionally, we have continued to develop our Second Stage company, which we began in late 2018 and has been steadily growing as a smaller, more intimate alternative to our 430 seat theater, and which allows more opportunities for student-produced projects and exploration of smaller, topical plays.

THEATER HIGHLIGHTS

• This past year, the stage saw eleven productions, including several full length classic musicals, three of which directed or choreographed by Club alumni, three student directed shows, one dance show, and one family oriented production featuring actors and families of all ages.

• Several of our current Riverbend students asked us to direct their own projects, and packed our small theater for a winter performance of Almost, Maine as part of our Second Stage series, which utilizes a smaller, pop-up theater.

• The three-man cast of The Complete Works of Shakespeare, Abridged was asked by an English class at ConVal Regional High School as well as the Amherst Recreation Department to stage performances of the show at the school and as part of the summer performance series, respectively. We had a great time sharing our program with the community in a unique way and look forward to finding more ways to do so!

• We were pleased to continue working with the STEAM program to develop a core group of kids interested in technical theater, including sound, lighting design and implementation, set construction, and stagecraft. Looking forward, we are excited to install and begin using a fully operational recording booth in our music room in the coming year.
"TO ENABLE ALL YOUNG PEOPLE, ESPECIALLY THOSE WHO NEED US MOST, TO BE GREAT TODAY AND REACH THEIR FULL POTENTIAL AS PRODUCTIVE, CARING, RESPONSIBLE CITIZENS TOMORROW."

-Boys & Girls Club of Souhegan Valley Mission Statement

#WhateverItTakes